



People's Education Trust (R)
P.E.S. College of Engineering
Dept. of Physical Education and
Sports
MANDYA



PREFACE:

“All works and no play make Jack a dull youngster”, this proverb highlights the importance of playful activities in our life. Either study or work alone makes us exhaust. We remain no longer efficient to do any work. Sports and physical activities remove our mental exhaustion and also offer a break from the daily routine tasks and recreate or re-energetic them. Education without sports is incomplete. Apart from celebrating victories, sports and physical activities also aim at imparting lessons on sportsman spirit, recreation and companionship to the students.

Under the guidance of Sri. **K. S. VIJAY ANAND** (President P.E.T (R.), Mandya), Sir. **S. L. SHIVAPRASAD** (Secretary, P.E.T(R), Mandya) and under the leadership of college principal **Dr. R. M. MAHALINGE GOWDA**, the Department of Physical Education and Sports marks itself as one amongst the most efficacious Department of P.E.S college of Engineering, Mandya. It strives to excel at all levels of sports and bring laurels to the college.

Physical Education and sports wing of PESCE holds a passion for the art and science of movement and skill development through youth participation in sports and fitness programs. It believes in a quality and enjoyable learning environment that positively encourages and develops the body, mind and spirit. It strongly believes success is achieved through the motivation and determination of the Management, Principal, Staffs, Students, and Coaches working together to form a desire and a dream. It firmly relay on strong **Dedication, Discipline and Determination (3D's)** towards the vision – missions - objectives and has a fashion of conducting various sports and recreational activities throughout the entire year. Hence the Department of Physical Education and Sports mark itself as one amongst the most efficacious department of PES College of Engineering, Mandya.

VISION

“FIT AND FINE IN BODY AND MIND” - Inculcate Physical Activity And Sports Is A Way of Life -

MISSION

- Provide most advanced sophisticated state of the art of sports infrastructure and facilities, motivate students and faculties to adopt physical activity & sports culture to become fit and fine.
- Provide Recreational, Gregarious, Attractive, Practical and Innovative knowledge of uncompromising quality that meets the health and fitness needs of the entire PESCE family.
- Indoctrinate sports consciousness, encourage skill development, cultivate a spirit of sportsmanship, promote the values of integrity among the students.
- Create greater opportunity for the students to participate in various levels of sports competitions to place the best college in sporting activity among the engineering colleges affiliated to VTU, Belagavi and in India.

BEST PRACTICES

- Conducting intramural tournaments in various sports and other physical fitness related activities which make involve mass participation of students and staffs of the college.
- Conducting selection trials to raise college teams in various disciplines of sports for Inter-collegiate tournament.
- Offering several scholarships, monetary awards, Track-suites, uniforms to the sportsmen to encourage outstanding performers and medallists in sports every year.
- Organizing VTU Inter Collegiate, VTU Inter Zone, Inter-University, State Level, National Level and other tournaments whenever we get an opportunity.
- Conducting sports awareness program on sports as a means for the promotion of health, fitness, national integration and communal harmony.
- Promote the traditional and rural sport to encourage cultural integrity among the students.

FACILITIES AND INFRASTRUCTURE:

8.6.1. Indoor Sports Facilities (5)

Sl. No	Particular	Length (in Mtrs)	Width (In Mtrs.)	Area (Sq. Mtrs.)
01	Indoor Synthetic Badminton Six Courts	37	25	925
02	Table Tennis Halls	27	06	162
03	Gym/Physical Fitness Centre	55	10	550
05	Wrestling Hall	20	10	200

06	Yoga & Meditation Hall	50	25	1250
07	Department Room	06	05	30
08	Sports goods Room	18	12	210

INDOOR SPORTS INFRASTRUCTURE AND FACILITIES

Table Tennis: -

It has started Indoor Table Tennis School attached to aquatics centre. School is provided with modern Table tennis facilities. School has 10 standard table tennis board, 2 ball return board, 2 ball feeding machine (6-8 variant), different size and height practice TT tables, sufficient TT ball etc. Indore has good lighting facility and spacious to play. Well qualified experienced coach is always available to impart training. Membership availed by both students and staffs at an extremely nominal rate.



Yoga & Meditation: -

PET believes that development of mind, heart and body in a perfect equilibrium will enable our future generation to be truly efficient in life. Yoga will be practiced every day morning/evening at Dr. H.D. Chowdaiya Auditorium and it has excellent ventilation with a seating capacity of 100 peoples to practice at one time. Trained local Yoga practitioner take yoga class for every day morning to all the interested pupils for the attainment of equilibrium state.

Badminton Indoor Block :-

It has International Standard Fully-functional Indoor with Six badminton wooden synthetic courts with an aim to provide high level training and vibrant playing environment. This stadium has been fitted with YONEX company mat, official flooring supplier of the BWF world Championships 2022-2025. A specially designed LED lighting technology capable of maintaining an average light density of 400 Lux. has been installed. This technology incorporated from the Indoors of Karnataka Badminton Association and Prakash Pandukone Academy.

It is a matter of pride for Mandya district that PET Badminton Indoor Stadium has become the first indoor stadium in Mandya district with such modern facilities. It also has covered gallery to seat 750 spectators on the either side of the court and has sufficient flood light facilities. College as always dedicated to provide advanced training in badminton to budding players by providing well qualified coach and separate multi gym equipment's. Membership to the Badminton stadium may be availed by both students and staff at extremely nominal rates.



Wrestling: -

It has wrestling practice facility including a big practice hall; Floor covered with wrestling mat/bed and provides experienced trainer in the field to train the wrestlers. College is trying very hard to produce wrestlers and win the medals in the extramural competitions in coming future.



Chess and Carom:

It has provided the platform to play mind involving games such as chess and carom. Both the games are allowed to play during free time at the college as well as to play competitively in the intramural, inter collegiate and inter universities, state and national competitions.



Weight Lifting and Power Lifting: -

It has sufficient Weight lifting and Power Lifting facilities to train the lifting champs. It has also provided well experienced trainer to guide and train the lifting enthusiast. It must be said that our gym is the training platform for many a state and university level weight-lifting, power lifting and body building champions.



Separate Physical Fitness Centre / Gym facilities for boys and Girls:

It has spacious and well equipped most advanced multi gym gears for boys & girls separately (45 members at a time) and qualified gym instructor are available round the clock to train students specifically for bodybuilding and weight training for specific sports. Well qualified and trained instructors are made available for the trainees.



Boys Gym



Girls Gym



8.6.2. Outdoor Sports Facilities (5)

Sl. No	Particular	Length (in Mtrs)	Width (In Mtrs.)	Area (Sq. Mtrs.)
01	Swimming Pool	40	25	1000
02	Tennis – 4 Court	33	21	693
03	Cricket Ground	82	70	5740
04	Cricket – Four Net Practice Pitch	36	15	540
05	Volleyball – Two Court	112	80	8960
06	Basketball – One Court	40	24	960
07	Kabaddi – One Court	25	18	450
08	Kho-Kho	32	26	832
09	Ball Badminton	36	20	720
10	Multi Purpose Outdoor Stadium (200mts Track, Football/Hockey/ Handball/Throw ball etc.	112	80	8960

OUT DOOR AND INDOOR SPORTS INFRASTRUCTURE AND FACILITIES

AQUATIC CANTER: -

PET has an ultra-modern aquatic complex. The aqua comprises of 25 m in length having 08 lane short course swimming pool and a separate baby pool of 2ft depth. The swimming pool water is scientifically maintained, cleaned and regularly chlorinated. Coaching facilities, life guards are provided at all the time to the newcomers. It also has covered gallery to seat 1,000 spectators on the either side of the pools. The Aqua can host state & national level of swimming competitions. Membership to the swimming pool may be availed by both students and staff members at extremely nominal rates.



TENNIS :-

Three synthetic tennis courts and one clay court were resurfaced using a state-of-the-art method resulting in a more durable, stable and consistent playing surface. This will provide players with plenty of space to improve their skills. All courts are full-fledged with flood light facility. It is maintained and run by PET Tennis academy. Well qualified good coaches from SAI/SAK and Private Coaches are provided to impart training in Tennis. Membership can be availed by both students and staff

CRICKET: -

A well-designed & maintained international standard turf cricket ground with strips of turf wicket in the centre is fit enough to host any state, national level cricket matches. The stadium is equipped with complete facilities compressing of dressing rooms, gymnastic rooms, umpire's cabins and viewer's gallery. It has 6 Practice Pitches (02 turfs + 02 cements + 02 clays) are also available for the practice purpose. One Matting Cricket Wicket is also available. Presently the stadium is maintained and run by KCA and train the budding players with highly qualified trainer for nominal fee.



VOLLEYBALL:

PET has full-fledged Two Outdoor Volleyball Courts with flood light facility. Both the grounds always ready to organize various tournaments like Nationals, State, Intercollegiate, Inter-Department and other Volleyball tournaments. Our college has good record of achievement at intercollegiate tournament every year.

members at extremely nominal rates.



BASKET BALL :-

PET has one cemented open Basketball Court having latest fiber glass boards with flood light facility is available for practice, matches and tournaments. Along with this full court one more separate basketball post & fiber glass board is available for shooting practice separately.



MULTIPURPOSE OUTDOOR STADIUM: -

(Athletics (200mts track, Tennis ball Cricket, Football ,Hockey, Ball badminton and hand ball)

PET has Well-designed multisport outdoor stadium covered seating steps for 2000 spectators. In this stadium students will get practice & trained in track & field events (200 mts. Track),



KABADDI:

PET has separate individual clay Kabaddi court. It has maintained regularly by watering and marking. It has very smooth upper surface with solid clay will avoid common injuries. Students are always available with good experience coach to train for the competition. Interested can come and practice in this court for free of cost.



KHO-KHO :-

PET has separate individual, well maintained outdoor kho-kho sand court with flood light facility. It has spacious ground set up to organize any levels of competition.

Football and Hockey games. The stadium is provided with floodlights to facilitate sports activity during late night.



PESCE has not confined itself to provide mere physical infrastructure but has also been able to attract good coaches from SAI/SAK and Private Coaches to impart training in Badminton, Gym, Swimming, Weight lifting, Table Tennis, Tennis Cricket etc., to name few, PET Tennis Association, PET Cricket Academy, PET Swimming Academy, PET Badminton Academy etc.

An above all facilities caters physical fitness and sports needs of youths of our college and contributed a lot of the state, national and international level sports persons. This sports infrastructure is facilitated for play different sports, games, recreational and teambuilding activities to attain good physical and mental health and wellness of students, staffs and general public for nominal fee.....

Departmental Activities:

The department is equipped with good infrastructure facilities and the students are trained in most of the Sports and Games which led to remarkable achievements by our students in Inter-university, VTU intercollegiate, VTU Mysore Zone, VTU Inter zone and other various numerous competitions. It organizes Inter-department tournaments for the students as well as some sports activities for the staff (teaching and non-teaching) and Extramural Sports Competitions, recreational activities and celebrated many National - Regional festivals for every year. This venture shall enable the students and staff to have fun, learn new sports, enhance social interaction, national integration and tests one's physical capability. The main focus of the department is making the students to win laurels and make the institution enter **hall of fame** with their achievements.

INTRAMURAL/INTER DEPARTMENT COMPETITION:

The following events have been organized for the inter-department sports tournaments for students with the cooperation of staffs, students, sports representatives/secretaries from all the department/sections and the captains of various teams.

TEAM EVENTS: (STAFF AND STUDENTS)

Sl. No	Event Organized (Students and Staffs)	No. of Teams Participated	No. of Students Participated	Winner Department	Runner Department
01	Kho-Kho (Men & Women)	09	108	E C	CV
02	Kabaddi (Men)	09	108	CV	EEE
03	Basketball (Men & Women)	09	108	EC	CV
04	Volleyball (Men & Women)	10	120	ME	AU
05	Throwball (Women)	08	96	EEE	EC
06	Chess (Online & Offline)	Individual	180	EC	EC
07	Cricket (Men & Women)	18	198	CV	ME
08	Football (Men & Women)	08	72	CV	CS
09	Hockey (Men & Women)	08	56	ME	AU
10	Handball (Men & Women)	08	96	CV	EC
11	Table Tennis (Men & Women)	06	42	EC	ME
12	Badminton (Men & Women)	14	70	ME	CS
13	Lagory (Women) Traditional Game	06	72	EC	CS
14	Volley Ball Super -6	06	92	P.E.S. BULLS	P.E.S. STRIKERS

INTRAMURAL/INTER DEPARTMENT COMPETITION:

The following events have been organized for the inter-department sports tournaments for students with the cooperation of staffs, students, sports representatives/secretaries from all the department/sections and the captains of various teams.

Inter Department Athletic Meet Result Sheet: (For Students)

Sl. No	Event Organized (Students and Staffs)	Men		Women	
		First Place	Second Place	First Place	Second Place
01	100 Mts.	Nirup Dore (CV)	Shreyas M V (CS)	Chandana K B (EC)	Manasa (CV)
02	200 Mts.	Danush (CS)	Hruthik (ME)	Manasa (CV)	Bhakthi (CS)
03	400 Mts.	Karthik Gowds (CV)	Raghu Nandan (ME)	Megha K S (EC)	Nisarga (CV)
04	800 Mts.	Karthik Gowda (CV)	Chandan D S (ME)	Nisarga (CV)	Chandana K B (EC)
05	1500 Mts.	Raghunandan (ME)	Harshan Gowda H K (CS)	---	---

06.	4X100 Relay	Civil (Nirup Dore R P)	Mechanical (Gowtham)	Civil (Manasa)	CS (Akshatha)
07.	4X100 Mixed Relay (2 Men & 2 Women)	Civil (Nirup Dore R P)	Mechanical (Gowtham)	---	----
08.	Shot Put	Srujan B K (EC)	Tejus B S (CV)	Namitha S M (CV)	Ipshika N Shetty (IS)
09.	Discuss Throw	Danajay Ganigar (EC)	Uday M (IS)	Namitha S M (CV)	Sukhi (ME)
10.	Javelin Throw	Suman Koti (IP)	Nikethan N (EEE)	----	----
12.	Long Jump	Harikrishna L S (ME)	Mithun Dev N (CS)	Bhakthi (CS)	Chandana (EC)
13.	Triple Jump	Harikrishna L S (ME)	Mithun Dev N (CS)	----	----

***CHAMPIONS OF INTER DPARTMENT SPORTS
COMPETITON 2021-2022***

WINNER

**Department of
Civil
Engineering**



RUNNER

**Department of
Mechanical
Engineering**



EXTRAMURAL/INTER-COLLEGIATE COMPETITION:

From the beginning of session our college sports person of respective games (Basketball, Kho-kho, Hand ball, Volley ball, Football, Throw ball, Kabaddi, Swimming, Shuttle badminton, Table tennis, Chess, Ball –Badminton and Athletics) start their practice session and they work very hard for converting their sweat in winning trophies for the fame of our college.

NATIONAL LEVEL PARTICIPANTS IN SPORTS: (FELICITATION)





PESCE PROUD STUDENTS REPRESENTED VTU TEAM AT INTER UNIVERSITY SPORTS COMPETITIONS 2021-2022					
Sl. No.	Name	Event	Level of Competition	Venue /Date	Photo
01	Srujan B K 4PS18EC103	Basketball	“South Zone Inter-University Basketball Championship”	Christ University, Bangalore on 30 th December 2021 To 4 th January 2022	
02	Mr. Prithvi Gowda S. S.	Swimming	“All India Inter-University Swimming Competition” Held At From	Kalinga Institute Of Social Sciences, Bhubaneswar, Orisha on 22 nd December 2021 To 26 th December 2021.	
03	Mr. Chinthan Gowda H. K. 4PS19CV01 1	Handball	“South Zone Inter-University Handball Championship”	University Of Calicut, Calicut, Kerala on 18 th March 2021 to 22 nd March 2022.	
04	Mr. Karthik Gowda C	Handball	“South Zone Inter-University Volleyball Championship”	Held At Srm University, Kattankulathur, Tamilnadu on 13 th December 2021 to 16 th December 2021	


05	Ms. Kruthika M.	Volleyball	“South Zone Inter-University Volleyball Championship”	UNIVERSITY OF CALICUT, CALICUT, KERALA on 18 th March 2021 To 22 nd March 2022.	
06	Ms. Akshatha Raju	Chess	The “South Zone Inter-University Chess Championship”	Held At Srmit University Of Kattanklathur, Tamil Nadu on 1 st April 2022 From 3 rd April 2022.	




FELICITATION FOR THE STUDENTS REPRESENTED OUR COLLEGE AT VTU TEAM IN DIFFERENT EVENTS:



OUR COLLEGE TEAMS WON THE TROPHIES/MEDALS AND BROUGHT LAURELS TO THE INSTITUTION - 2021-2022

Sl. No.	Events	Name of the Players	Result/Venue/Date	Remarks/ Document
01	Basket Ball	Srujan BK - 4PS18EC103 (Captain) Uday kiran M G - 4PS19EC161 Uday M - 4PS18IS053 Nirup Dore RP - 4PS18CV070 Aryan Kumar Sathnur - 4PS19ME020 Chinthan Gowda HK - 4PS19CV011 Sohan M Singh - 4PS19IS054 Prajwal C - 4PS18EC067 Prajwal C - 4PS18EC067 Lalrinnggheta - 4PS18CS049 Yashas Raj D - 4PS19IS063 Samarth Raj - 4PS18CV093 Vinay Prasad - PS18ME096	<ul style="list-style-type: none"> ➤ WINNERS in VTU Mysore Zone competition held at ATME, Mysore on 15th and 16th December 2021 ➤ Participated in State Level VTU Inter Zone Competition held at GMIT, Davanagere on 19th20th December 2021 	
02	Badminton Men	Vivek.H - 4PS20CV102 Lakshmish.R - 4PS19CS046 Arun ReddyK - 4PS20ME010 Sagar.K - 4PS20AU407 Thilak Gowda.G - 4PS19ME118	<ul style="list-style-type: none"> ➤ Runners in VTU Mysore Zone Competition held at VVCE, Mysuru on 17th and 19th November 2021. ➤ Participated in State Level VTU Inter Zone competition held at VVCE, Mysuru on 21st and 22nd November 2021 	
03	Badminton Women	Bhoomika H L - 4PS19CS019 Aishwarya M Y -4PS20IS001 Sushmitha - 4PS18EC110 Nikitha Nelcy Pinto - 4PS20CS066 Varsha V - 4PS18CS118	<ul style="list-style-type: none"> ➤ Runners in VTU Mysore Zone Competition held at VVCE, Mysuru on 17th and 19th November 2021 ➤ Participated in State Level VTU Inter Zone competition held at VVCE, Mysuru on 21st and 22nd November 2021 	
04	Judo	Sukhi D. K- 4PS20ME077	<ul style="list-style-type: none"> ➤ Secured 3rd Place in VTU State Level Inter collegiate competition held at KLS VDIT, Haliyal on 16TH & 17TH DECEMBER, 2021 	

05	Swimming	Pruthvi Gowda. S.S – 4PS	<ul style="list-style-type: none"> ➤ 3Gold, 4Silver and 1 Bronze MEDALS, Individual Championship and 3rd place in Overall Championship in VTU State Level Inter collegiate competition held at Jyothi I T, Bangalore on 16th December 2021 	
06	Volleyball Men	Prajwal M - 4PS19AU408 (Captain) Uday M - 4PS18IS053 Manoj. H R - 4PS18IS025 Shivakumar K N - 4PS19ME104 Dhananjaykumar CK - 4PS19CV404 Yogesh Gowda R - 4PS19CV110 Srujan BK - 4PS18EC103 Prajwal C - 4PS18EC067 Manuprasad K S - 4PS20EC067 Manohar M R - 4PS19ME068 Dushyanth K R - 4PS17CV031 Shreyash MU - 4PS20CS097	<ul style="list-style-type: none"> ➤ Runners in VTU Mysore Zone Competition held at MIT, Mysuru on 8th to 9th December 2021 ➤ 4th Place in State Level VTU Inter Zone competition held SIT, Tumkuru on 14th & 15th December 2021 	
07	Volleyball Women	Kruthika M - 4PS19IS028 Sparshika A D - 4PS18IP026 Manasa T K - 4PS19EC076 Deepa K R - 4PS19EE014 Pannagashree H - 4PS20EC080 Ganga C - 4PS19IS022 Nisarga K S - 4PS19EE032 Soundarya M D - 4PS19EC150 Chaitra - 4PS20CV016 Bhavana K - 4PS19IS011 Pranathi M - 4PS20EC087 Chaitrashree - 4PS19IS014	<ul style="list-style-type: none"> ➤ 3rd Place in State Level Rest of Bangalore Zone Competition held at MIT, Mysuru on 29th and 30th November. ➤ Participated in State Level VTU Inter Zone competition held at NMIT, Bangalore on 2nd and 3rd December. 	
08	Hand Ball Men	Uday kiran M G- 4PS19EC161 Uday M - 4PS18IS053 Nirup Dore R P - 4PS18CV070 Karthik Gowda C - 4PS21CVA23 Chinthan Gowda HK - 4PS19CV011 Hruthvik M M - 4PS19ME053 Srujan BK - 4PS18EC103 Prajwal C - 4PS18EC067 N Karthik - 4PS20ME047 B Ikshwak - 4PS18CS016 Sagar Simha M N - 4PS20CS089 Kushal S Kumar - 4PS19CS044	<ul style="list-style-type: none"> ➤ Winners in VTU Mysore Zone Competition held at MIT, Mysuru on 22nd to 23rd June 2022 ➤ Winners in VTU State Level Inter Zone Competition held at MIT, Mysuru on 26th to 27th June 2022 	

09	Kho-Kho Men	Sriranga Nayaka T – 4PS19AU018 Adarsh M S – 4PS19EC001 B. Kushal Kumar – 4PS20EC019 Yashwanthan G. J. – 4PS21EC161 Mithundev M. – 4PS21CS054 Akash Shetty S. – 4PS19CV400 Prathik M. A. – 4PS18EC071 Gowtham G. – 4PS19ME046 Suman M. L. – 4PS21EC138 Vishwas S. – 4PS21EC155 Akash – 4PS21EC006 Yashwanth – 4PS19CV109 Vikas M – 4PS20EE047 Karthik K P – 4PS19CV036	<p>➤ Runners in Mysuru Zone Competition held at NIE, Mysuru on 17th and 18th June, 2022</p> <p>➤ Participated in State Level VTU Inter Zone competition held at GMIT, Davanagere, 19th and 20th 2022</p>	 
10	Ball Badminton Men	Drupad G-4PS18EC030 Chethan N - 4PS19EE404 Nishanth P - 4PS18ME051 ASHIK K S - 4PS18ME009 Chandan N - 4PS18ME016 Vikas S - 4PS19IP414 RAJENDRA K S - 4PS19ME422 Chandramouli V - 4PS19EE010 Mallikarjun Parandi - 4PS19EC405 Manoj Kumar G S - 4PS19ME413	<p>➤ Winners in State Level Rest of Bangalore Zone Competition held at PESCE, MANDYA on 22nd and 23rd July, 2022</p> <p>➤ Selected to State Level VTU Inter Zone competition held at , Bangalore</p>	

ORGANIZATION OF EXTRAMURAL/VTU INTERCOLLEGIATE COMPETITION – 2021-2022

1. VTU Inter Collegiate Football Men's Championship – 2021-2022
2. VTU Inter Collegiate Cricket Men's Championship – 2021-2022
3. VTU Inter Collegiate Ball Badminton Men's Championship – 2021-2022

Finally, I can hardly tell all how blessed the god is to have such a wonderful, talented and cooperative Management, Principal and my colleague staff. Without each one of my associate staff members, it would be impossible for me to guide the students and to make them participate and achieve in all the sports and extracurricular activities. I am thankful to the management, principal, all the staff members (teaching and non-teaching) for their kind support and encouragement.

I think that our Annual Report of Physical Education and sports department has shown that our student have engaged, achieved and enjoyed a lot indeed. More, no doubt, can still be done... excellence in this field should be our goal! President Obama said "Yes, we can", as part of his inaugural speech. I can safely say at the end of one year, not only "Yes, we can....achieve", but "Yes, we have Achieved".

Thank You!

Vidya R. V

Asst. Director of Physical Education
P.E.S. College of Engineering Mandya

Ananthapadmanabha Prabhu

HOD, Asst. Director of Physical Education
P.E.S. College of Engineering Mandya

Dr. R. M. Mahalinge Gowda

Principal
P.E.S. College of Engineering Mandya